

# Sculling Water Reentry

Adapted by John M. Duarte,

From a work by Mike Sullivan, BIAC

1. Right boat, put scull handles together with both blades flat on the water perpendicular to boat, grasp both grips with one hand and push seat to stern stops.



2. With other hand, pull yourself across boat on top of seat, you want to get to a position where you are laying straddled across the boat, or turn sideways so you get your butt on top.



Keep hold of those handles, keep oars ON water.

3. Use your non handle hand to push yourself up enough to twist to get your butt on or near the seat and slide a leg across.



4. Scoot forward so you can get your scull handles in your lap, that frees your hands to lift yourself onto your seat.



